

MENTAL HEALTH ACCESS

N = 500 insured Americans from households that have sought professional mental health care in the past 2 years

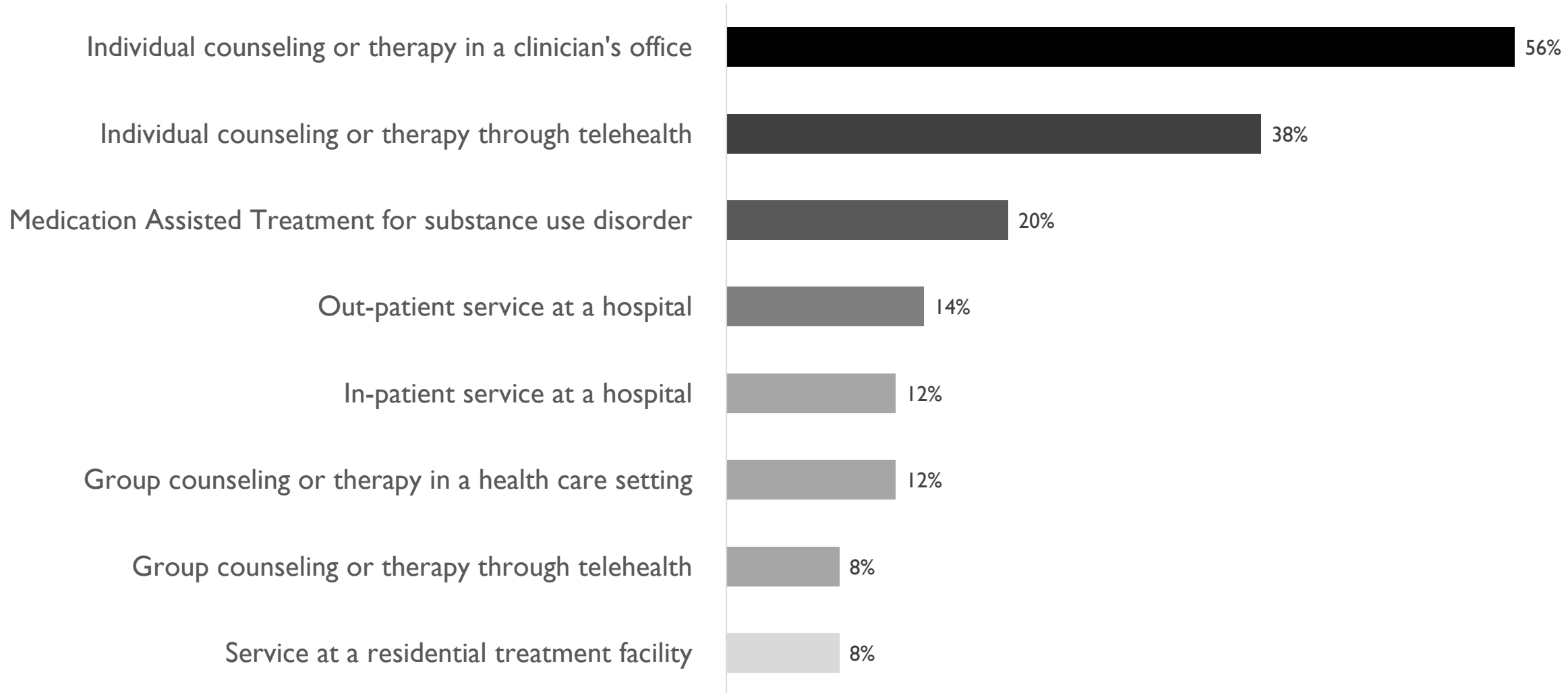
Fielded 5-12-22 to 5-23-22



MOST FREQUENTED SERVICE IS INDIVIDUAL THERAPY / COUNSELING.

Nearly half have sought either group or individual support via telehealth.

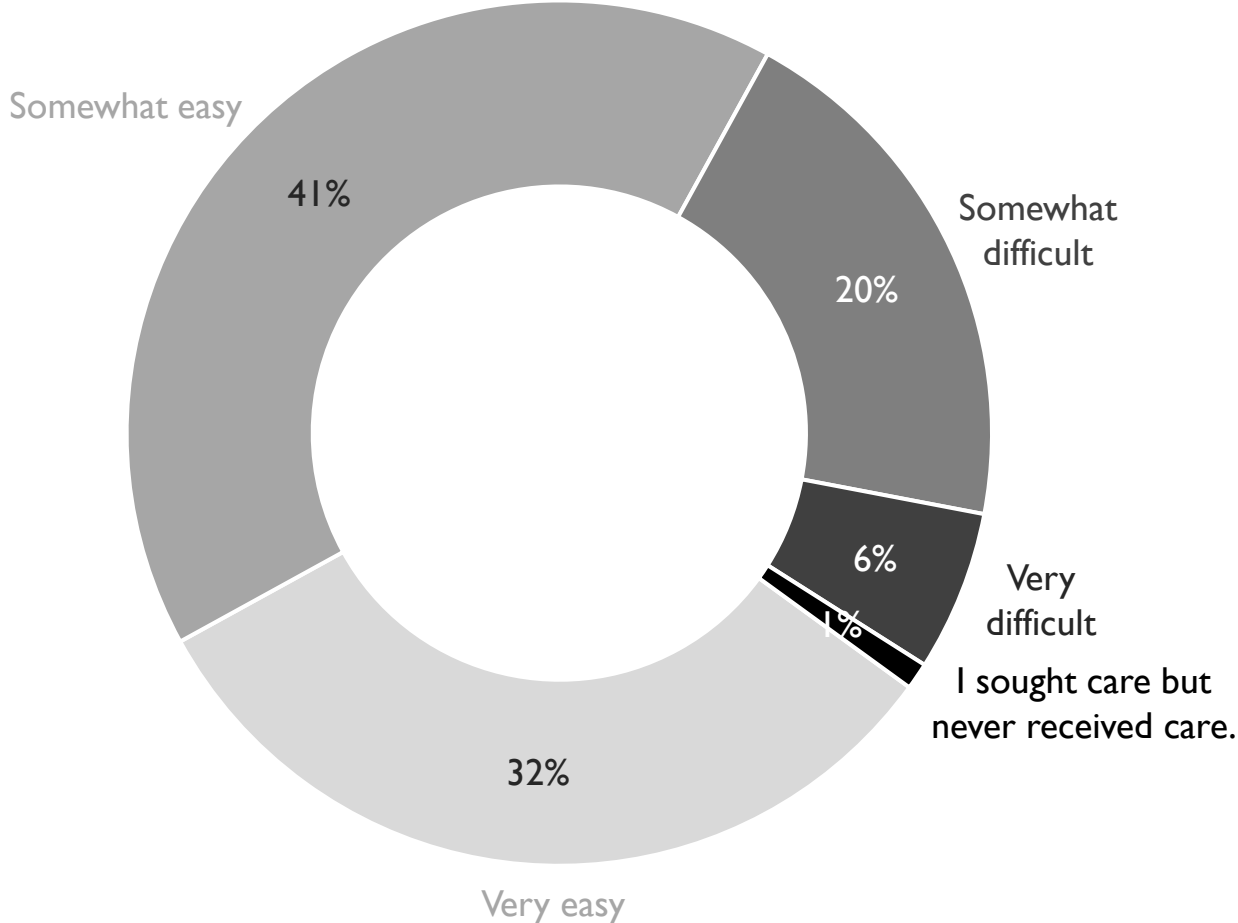
What type of service did you seek? Please pick all that apply.



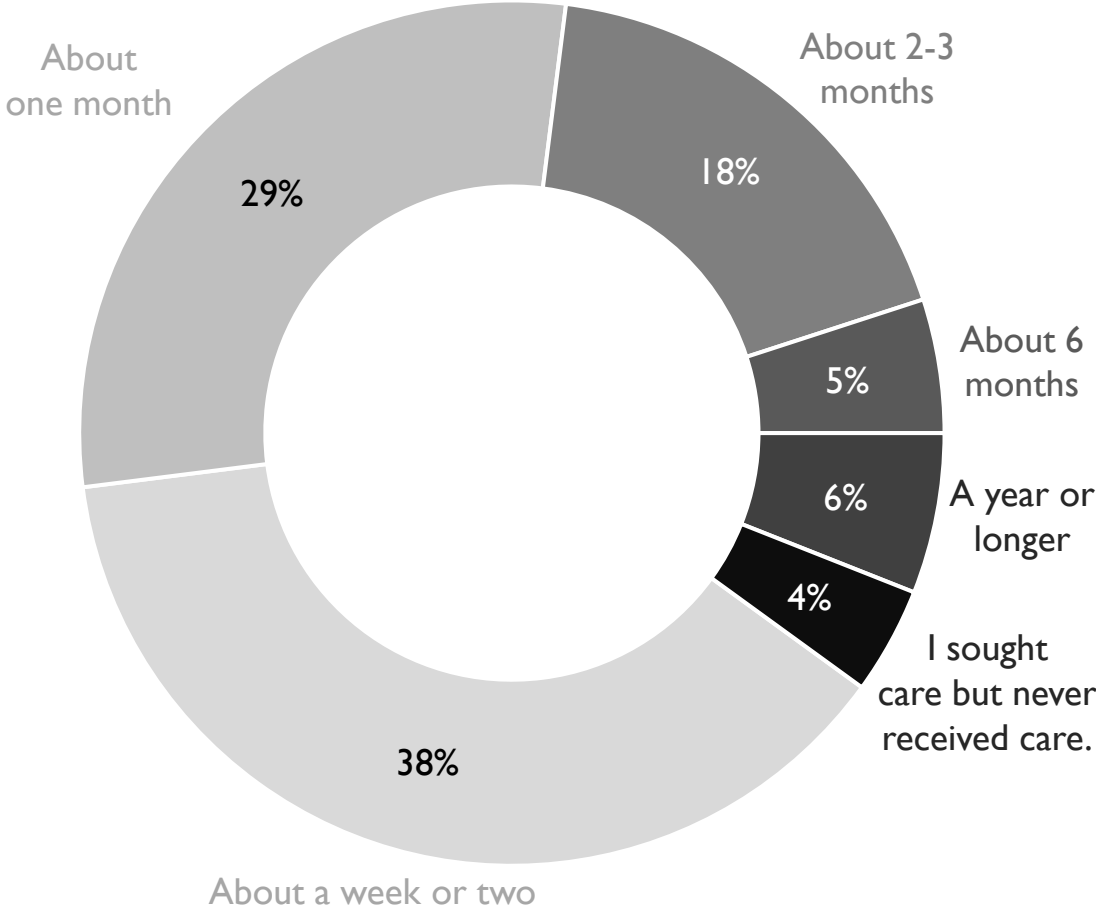
THREE-QUARTERS FOUND IT EASY TO GET MENTAL HEALTH SUPPORT.

67% found care within a month

Was it easy or difficult to get the care that was needed?



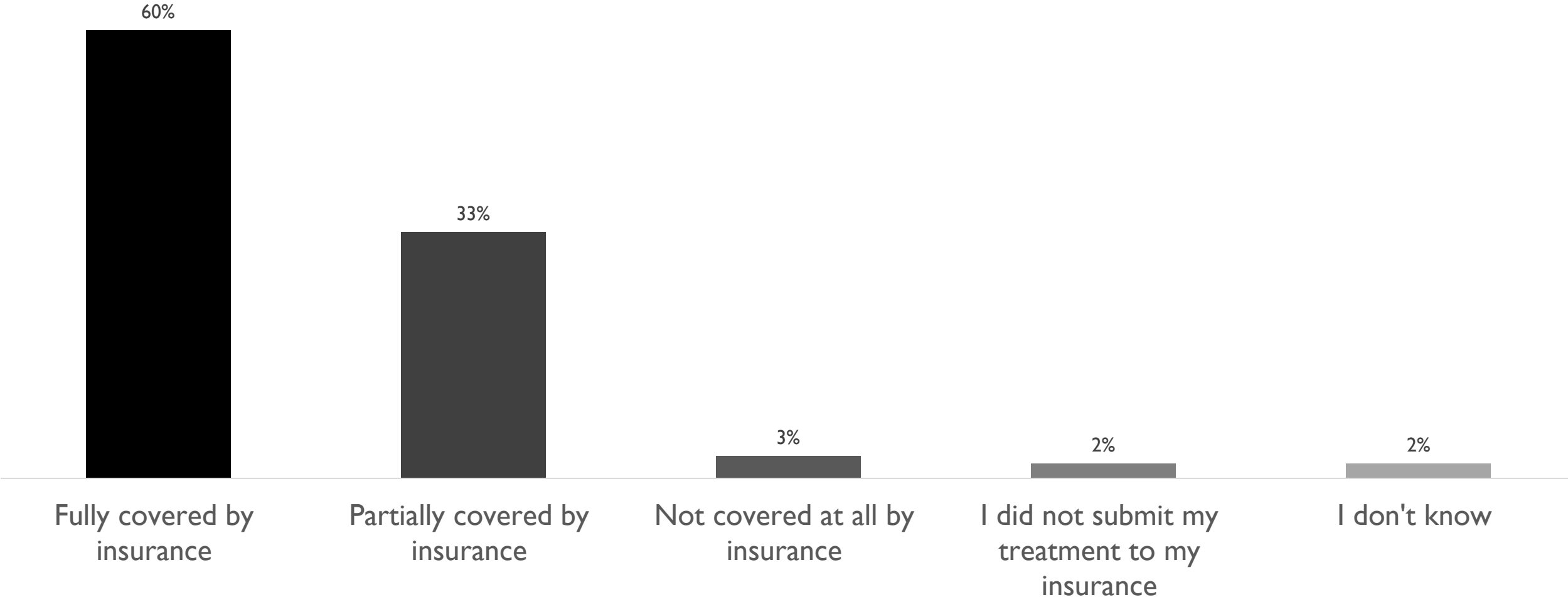
How long did it take you to find a care provider and start getting help?



INSURANCE COVERS COSTS FOR MENTAL HEALTH SUPPORT.

6-in-10 who received mental health care were fully covered.

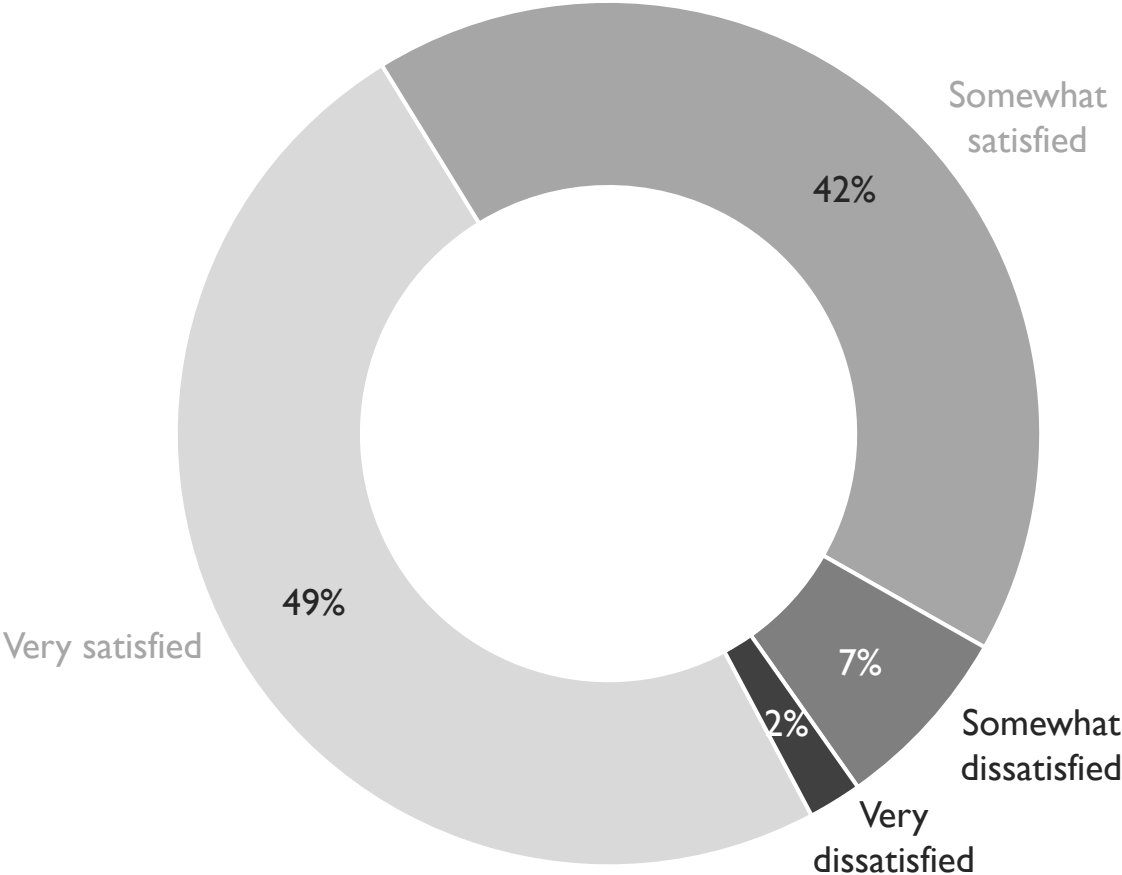
If you had to guess, about how much of your care was covered by your insurance?



91% SATISFIED WITH THEIR MENTAL HEALTH SUPPORT.

Nearly half are “very” satisfied.

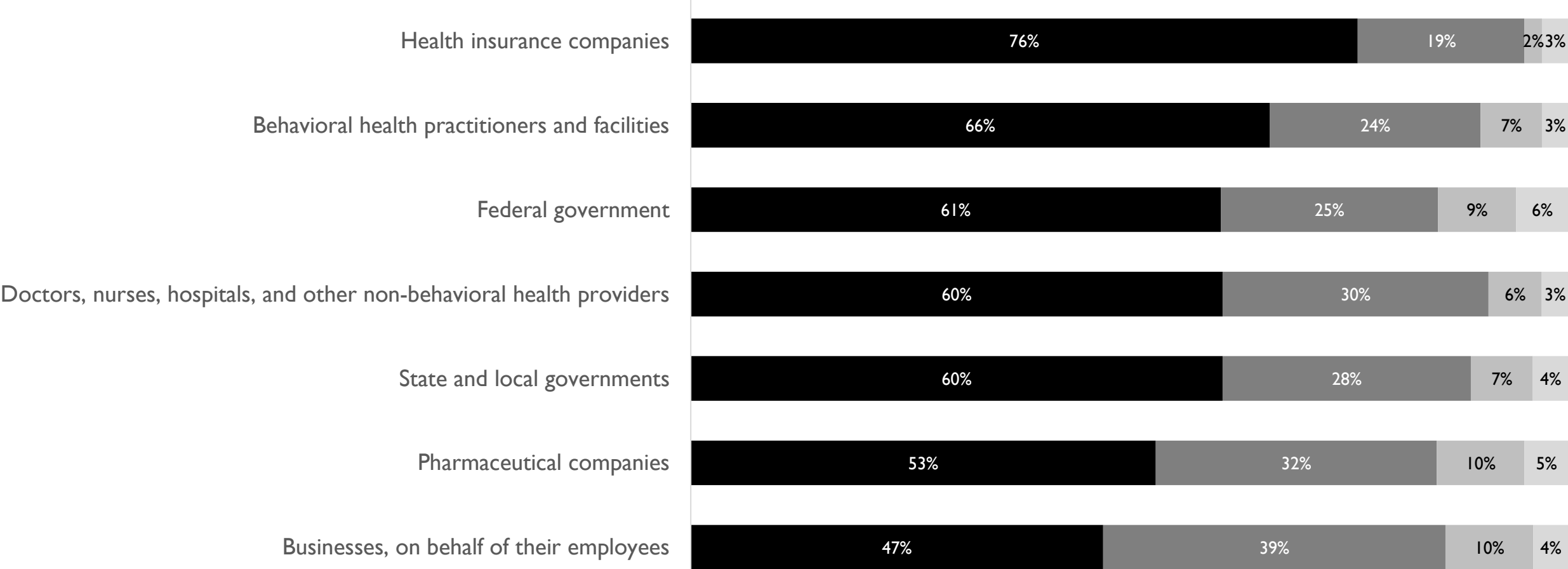
Were you satisfied with the care you received?



MANY GROUPS CARRY A RESPONSIBILITY TO PROVIDE MENTAL HEALTH. —

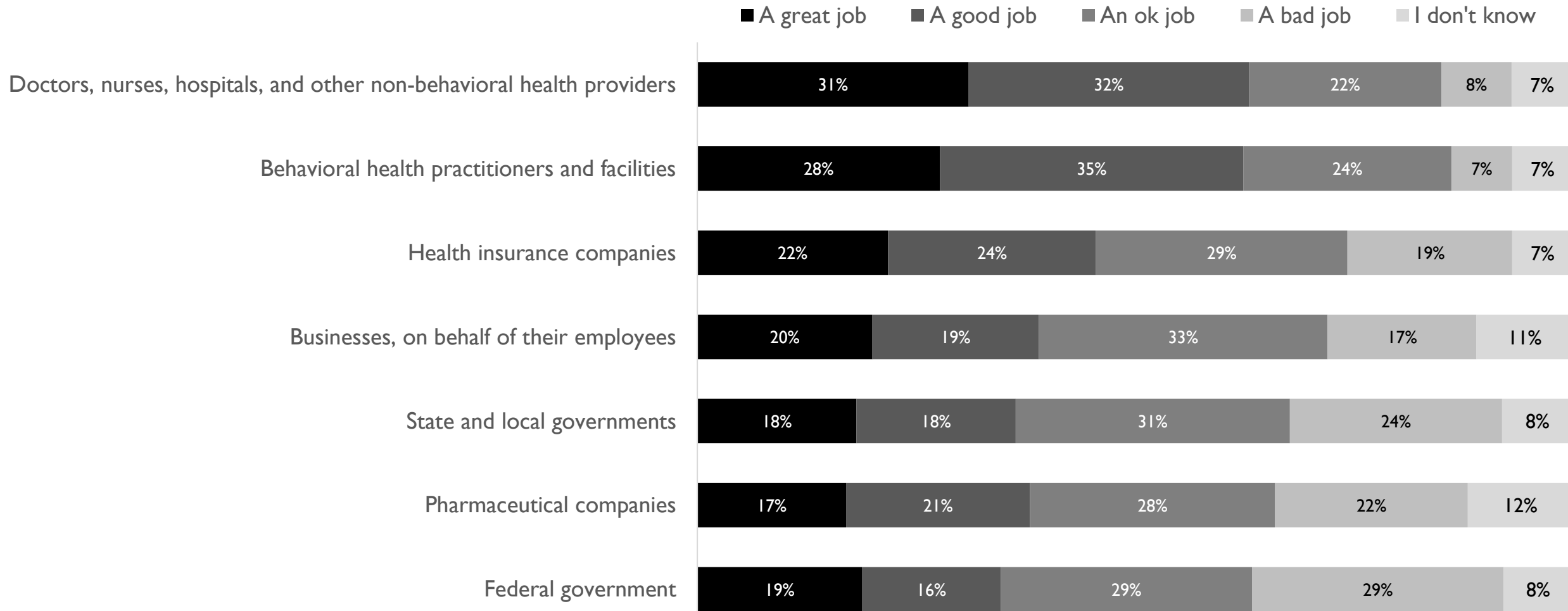
For each organization or group, please indicate whether or not you think they have a RESPONSIBILITY to improve the quality, affordability and access to mental/behavioral health services?

■ A big responsibility ■ A small responsibility ■ No responsibility at all ■ I am unsure



GOVERNMENT IS PERCEIVED AS DOING THE LEAST.

How would you rate the efforts by following groups and organizations to increase access to mental/behavioral health care in the US?



METHODOLOGY & AUDIENCE

DEFINING TARGET GROUPS

QUANTITATIVE: NATIONAL MENTAL HEALTH SEEKER SAMPLE BREAKDOWN: N=500

(N=500 | Fielded 5/12/2022 to 5/23/2022 | M.o.E +/- 4.4%)

