Health Plans Promote Best Practices for Preventing and Managing Asthma

AHIP’s member health plans are actively helping the approximately 25 million people affected by asthma each year through Health Insurance Plan Strategies for Managing Asthma and Reducing Exposure to Environmental Triggers, a multi-year collaboration between America’s Health Insurance Plans and the U.S. Environmental Protection Agency (EPA).

Health plans are leading successful asthma management strategies in collaboration with community organizations and public health agencies to improve the lives of individuals with asthma.

Congratulations to AmeriHealth Caritas

The EPA’s National Environmental Leadership Award in Asthma Management recognizes outstanding national models for comprehensive asthma care and their leadership in improving the lives of people who have asthma. Congratulations to 2016 award-winner, AHIP member health plan AmeriHealth Caritas.

To learn how to apply for the 2017 award and sign up to receive email updates, please visit www.ahip.org/Asthma
ASTHMA is a serious, sometimes life-threatening chronic respiratory disease that affects the quality of life for more than 25 million Americans including nearly 7 million children. Poor and minority children are disproportionately impacted and at greatest risk. Approximately $50 billion is spent on asthma care annually, including medical costs and missed school and work.

Healthy People 2020 Goals for children and adults with asthma include:

Join the Efforts. www.ahip.org/Asthma

How Do Health Plans Manage Asthma and Reduce Exposure to Indoor Environmental Triggers?

- Use evidence-based asthma management guidelines, priorities and goals
- Provide home-based asthma self management education
- Leverage innovative data tools and analytics to identify and engage high-risk individuals
- Improve medication adherence
- Provide culturally appropriate environmental management services by collaborating with:
  - Community-based partners and asthma networks
  - State and local health departments
  - Federal health agencies
  - Schools
- Conduct environmental assessments to help identify and reduce exposure to common indoor triggers

**Copies of this infographic are available for download at www.ahip.org/Asthma**

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Identifying and Promoting Health Plan Best Practices
to Help Prevent and Manage Chronic Conditions

Visit www.ahip.org/Asthma for more information.

To engage with thousands of other individuals and organizations
working to prevent and manage asthma, join EPA's online community
visit www.asthmacomunitynetwork.org