**ASTHMA** is a serious, sometimes life-threatening chronic respiratory disease that affects the quality of life for more than 25 million Americans including nearly 7 million children. Poor and minority children are disproportionately impacted and at greatest risk. Approximately $50 billion is spent on asthma care annually, including medical costs and missed school and work.

Healthy People 2020 Goals for children and adults with asthma include:

1. Reduce hospitalizations from 11.1 to 8.7 per 10,000
2. Reduce emergency department (ED) visits from 57.0 to 49.6 per 10,000
3. Increase population receiving formal asthma education from 12.1% to 14.5%
4. Increase population receiving appropriate asthma care following National Asthma Education and Prevention Programs guidelines

**How Do Health Plans Manage Asthma and Reduce Exposure to Indoor Environmental Triggers?**

- Use evidence-based asthma management guidelines, priorities and goals
- Leverage innovative data tools and analytics to identify and engage high-risk individuals
- Improve medication adherence
- Provide culturally appropriate environmental management services by collaborating with:
  - Community-based partners and asthma networks
  - State and local health departments
  - Federal health agencies
  - Schools
- Conduct environmental assessments to help identify and reduce exposure to common indoor triggers

**Join the Efforts.** [www.ahip.org/Asthma](http://www.ahip.org/Asthma)

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